More campus wellness options

Looking for more ways to stay well this fall? The possibilities are endless – everything from virtual cooking classes, full moon hikes and drive-in movies. Read on for some healthy living resources from Campus Recreation, Spurlock Museum, Allerton Park and more.

**Allerton Park:** Experience the healing power of nature. Allerton Park is offering ways to get outdoors safely. Several socially distant hikes such as a fall colors hike, full moon hike and more will be held. They are also offering variety of virtual programs, such as a cooking with herbs webinar. Even drive-in movies! Also, the park is open: you can visit the park or hike the trails on your own (please wear masks). For more info, click [here](#).

**Student Sustainable Farm Stand:** The farm stand has shifted to an online ordering system. You can order online from Monday – early Wednesday morning. Contactless pick-ups happen at the farm (south of Windsor Road on Race) on Thursdays. For more info visit their website [here](#). To order, go [here](#) or visit the Crop Sciences Online Store [here](#).

**Spurlock Museum:** Spurlock continues to offer their mindful meditation program in a virtual format. They are also offering other programs including storytelling and more. For more info, visit their calendar [here](#).

**Krannert Art Museum Yoga:** Krannert ‘s long running yoga class has gone virtual. For more info, visit their [website](#).

**Campus Recreation:** Campus Recreation is partially opening the ARC (Activities and recreation Center) location. CRCE (Campus Recreation Center East) will only be open for COVID testing. For information about what is open, hours, safety measures and more, visit their page [here](#).

Want to see all campus wellness options in a single location? Visit our campus [wellness calendar](#).