

# Get fiscally fit in 2019 with Prudential Pathways

Is getting your finances in order among your 2019 resolutions? If so, take our Prudential Pathways financial wellness series. This five week series will help you find your own path to financial wellness. The program is free, and open to employees and their significant others. To learn more about what this program offers and how to register, continue reading below.

The Prudential Pathways is practical and down-to earth. Each week focuses on a different area of financial management:

- Week One: Understanding fundamentals of financial wellness
- Week Two: Building your road to retirement
- Week Three: Protecting you and your loved ones
- Week Four: Creating a solid plan for the future, part one
- Week Five: Creating a solid plan for the future, part two

Some of the specific topics will include: financial goal setting, risk management, investment principles, healthcare planning, retirement and asset distribution planning, tax strategies, estate planning, and understanding employee benefits.

## When and Where:

- Days: Five Thursdays, starting February 13
- Time: 5:15 pm – 6:15 pm
- Place: Bevier Hall, Room 108
- Cost: Free!

To register go to <https://go.illinois.edu/CampusWellbeingServicesPrograms>